



“Seasons of Love”

One-Day Spiritual Mediumship Training with Jess Steinman

Would you like to learn how to communicate with your loved ones on the Other Side? Perhaps you have discovered some of your own abilities as a medium and would like to deepen your connection to those in Spirit.

It is the JOB of those on the Other Side to communicate with us, to let us know that they are still connected through the bond of love; and it is OUR job to listen and acknowledge the signs. In this special one-day class, you will learn the basics of how to connect with deceased loved ones, understand their messages of love and pass those messages on to others. The topics and activities of the day will include:

- What IS mediumship? How does mediumship differ from other types of psychic work? Are there different kinds of mediumship?
- The “Clairs” of intuition, and how they help us receive messages as mediums
- Building your mediumship “vocabulary”
- Meditation and how it enhances Spirit Communication / guided meditation exercises
- Psychometry
- Tools to help us make connections with the Other Side (cards, crystals, etc.)
- Ethics and responsibility of mediumship
- Protection and staying grounded
- A mini-demonstration of “Stage Mediumship”
- Experiential practice

On the day of the class, please bring the following:

- A small item belonging to you that can be exchanged with another classmate. (Ideally jewelry, keys, etc. – nothing of expensive value, please)
- A photograph in a sealed envelope
- A pad or journal
- A bag lunch or snacks (there will be several breaks throughout the day)

For more information about Jess, visit her website:
www.InTouchWithSpirit.com.