

Empowered Summer: ***A Weekend Workshop & Retreat Especially for Women!***



Are you a woman looking who is looking to feel more empowered, energized, and excited about living your life? Join life coach Julie Sochacki and psychic medium Jess Steinman for a weekend retreat full of empowerment, healing, and FUN!

During this exciting weekend, held at the beautiful Angels' Rest Retreat Center, you will:

- * **Dream!** Identify your core values and meet individually with Julie and in a group to create the life that you want around your essential values. Live the life of your dreams!
- * **Create!** Welcome abundance into your life. Work together to manifest your heart's desires.
- * **Energize!** Identify what is draining you. Work towards a list of what fuels you and put those activities into practice!
- * **Visualize!** Jess and Julie will guide you through meditations to open your mind, your heart and your energy field to accept and receive all the good you have been searching for!
- * **Connect!** Jess will share tools and exercises to connect with your loved ones on the Other Side, your guides, and your angels to help you tune in to your intuition and live the life your soul truly desires.

*The price for this weekend workshop is **\$333**, which includes:*

~ Lodging for 2 nights

~ Three meals (breakfast, light lunch, and dinner)

~ Access to two hot tubs and heated pool

~ A gallery-style reading with Jess!

~ Individual coaching with Julie!

~ And much more!

Friday, June 11 – 5:00 pm
THROUGH
Sunday, June 13 – 12:00 pm

Angels' Rest Retreat Center
63 North County Road ~ Leyden, MA

Price: \$333.00

A non-refundable deposit of \$175.00 is required to reserve your space in this exciting retreat.

Please contact Julie at jcsochacki@sbcglobal.net for information on how to register!

Send in your deposit by March 31, 2010, and receive \$33.00 off your registration!

Julie's Website: www.juliesochacki.com
Jess' Website: www.intouchwithspirit.com